

Suggested Food Donations

(All items should be non-perishable. Pop Top items or microwave cups preferred. No Glass)

<u>Breakfast</u>	<u>Lunch</u>	<u>Health Snacks</u>
Breakfast Bars	Easy Mac-N-Cheese	Individual bags chips, pretzels, goldfish
Individual packs of Instant Oatmeal	Canned Soup or Stew	Raisins (individual boxes)
Cereal (box or single servings)	Tuna	Dried fruit
Granola Bars	Individual pastas (ravioli, beefaroni, etc.)	Pudding cups
Fruit & Grain Bars	Small jar peanut butter (or individual pb)	Rice Krispie squares
Pop Tarts	"Lunch to Go" (tuna, chicken, etc.)	Welch's fruit and yogurt snack
	Slim Jim's	Cheese or peanut butter cracker
	Small jar jelly	

<u>Fruit</u>	<u>Vegetables</u>
Canned fruit/fruit cups (in light syrup)	Beans, carrots, corn (small cans)
Applesauce (small containers)	
100% fruit snacks or fruit leather	
Mixed fruit (small cans)	

